

Glenwood Middle School Band

MUSIC PERFORMANCE MANUAL

A reference and performance guide to Musical Symbols, Music Theory, and standard musical performance practices for the Glenwood Middle School Band Student

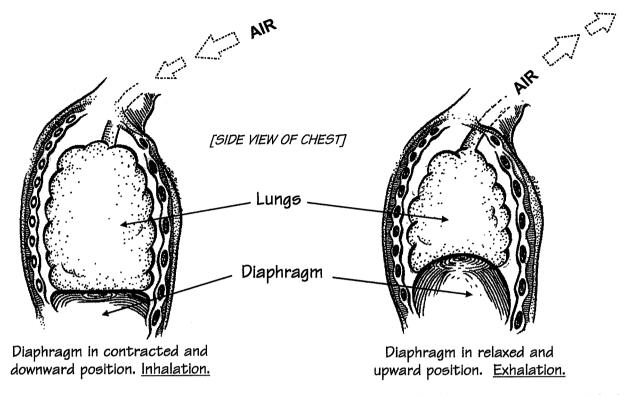
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Name:



Version 2.5 Sept. 2012

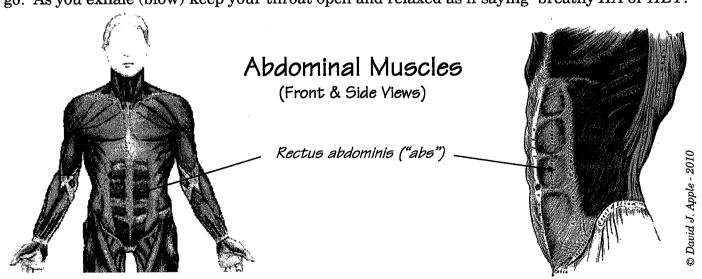
The Muscles Used in Breathing



The **diaphragm** is a very powerful muscle of **inspiration** (*inhalation*). When we inhale the diaphragm contracts and drops into a downward position allowing our lungs to fill with air. The diaphragm however has no ability to push the lungs back up or aid in **exhalation**. The diaphragm is a muscle of inspiration only!

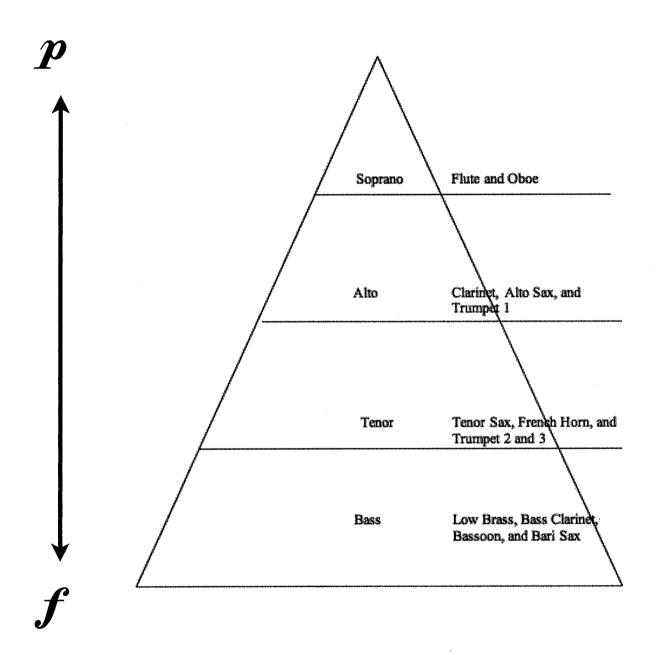
The muscles that aid in the **exhalation** of air from the lungs are our **abdominal muscles**. To exhale properly the diaphragm must be *relaxed* to allow our abdominal muscles to do the work of forcing air out of our lungs. This is accomplished by contracting the abdominal muscles which pushes the diaphragm up and forces air out of the lungs.

At no time should one lock or tighten the abdominal muscles. Always breath from bottom to top and front to back and stay relaxed. Remember that *air speed* is the key. The faster you blow higher you go. As you exhale (blow) keep your throat open and relaxed as if saying breathy *HA* or *HEY*.



BAND SOUND BALANCE PYRAMID

Where do I fit in?



GLENWOOD MIDDLE SCHOOL BANDS

INTONATION BASICS

There are two common tuning systems: Equal Tempered Intonation and Just Intonation.

<u>Equal Tempered Intonation</u> is what fixed-pitched instruments like piano, organ, and xylophone use. Their notes are built-in and cannot be adjusted while being played. Thus their notes are Equal Tempered, which means the octave is divided into twelve equal parts. On these instruments no interval or chord is played perfectly in tune (the bad news), but no interval or chord is way out of tune (the good news).

In other words, everything played on all keyboard and other fixed-pitched instruments is slightly, **but equally**, out of tune. Our ears have come to accept (and even enjoy) this common tuning system as long as it is coming from a fixed-pitched instrument like a piano or other keyboard.

<u>Just Intonation</u> is for singers, **woodwind**, **brass** and string players who can, by the nature of their instruments, adjust the pitch of each note as they perform it. Thus in band or orchestra, we can, and are expected to, play and perform intervals and chords that are perfectly in tune, with no *intonation beats* marring the purity of the combined sounds.

What Creates Intonation Beats?

Assume that two musicians play the note A at the same time and that one of them plays the A at 440 Hz (vibrations / second) and the other at 441 Hz. The one playing the A at 441 Hz would be sharp compared to the one playing at 440 Hz. As the sound waves (or waveforms) of the two sound combine in the air, there will be points when the top of the sound waves (crests) of each waveform coincide. This coincidence or combination creates an overall **surge** in the waveform's amplitude (size of wave) and is called **constructive interference**.



Alternating with constructive interference is **destructive interference**. This occurs when the trough or lowest point of the waveform (amplitude) of each wave coincide (or touch each other). This coincidence of the troughs creates an overall **dip** in the amplitude.

The alternation of constructive and destructive interference creates a corresponding alteration of surges and dips (highs and lows) in the overall amplitude (size) of the combined sounds. A pulsating loudness results that can usually be heard quite easily. This effect is what is known as intonation **beats**.

Since one musician is playing the A at 440Hz and the other is playing it at 441Hz, 1 intonation beat will occur each second (441-440=1). If one musician plays the A at 443 Hz and the other plays at 439 Hz, 4 intonation beats will occur each second (443-439=4). Musicians use the number of intonation beats they hear as a guide to getting in tune.

How to tune using Intonation Beats:

- 1. Listen very carefully to the other player or reference pitch.
- 2. If the beats slow down, you are getting closer to being in tune.
- 3. If the beats are getting faster, you are getting more out of tune.
- 4. When the beats stop or disappear and you can only hear one pitch, you are in tune.

Using Just Intonation and Tuning

To achieve beat-less purity in Band or Orchestra, musicians must listen and adjust EACH note according to its *harmonic context*. For example, an E in a C major chord* must be played lower than the same E in a C# minor chord. Why? Because of the acoustical (sound) relationship between notes. To eliminate intonation beats the E has to be played lower if it is in the harmonic context of a major 3rd than if it is in the harmonic context of the a minor 3rd.

*See All About Chords & All About Intervals

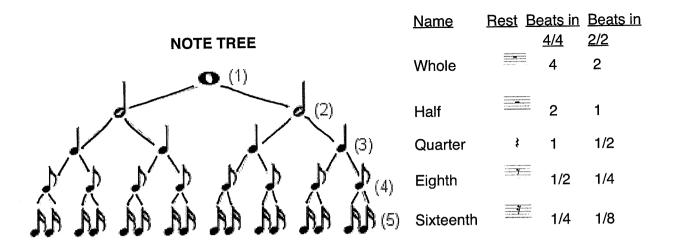
Don't worry about all the acoustical details about Just Intonation and tuning in Band Class. Just remember the following about tuning chords, intervals and notes in a harmonic context.

- ♦ Always listen to the people playing the same note on the same instrument as you first. Eliminate intonation beats with them first.
- ♦ Listen across the band and match with other instruments playing your pitch. This is what we will call Horizontal Tuning. Listening across the ensemble.
- ♦ Now, we will tune the chords and intervals using Vertical Tuning. This eliminates the intention beats in chords and intervals.
 - Major 3^{rds} must be reduced in size. Lower the top note or raise the bottom note.
 - o Minor 3^{rds} must be **expanded** in size. Raise the top note or lower the bottom
- ♦ Listen horizontally and vertically to eliminate intonation beats. If your sounds disappears into the sound of the ensemble, you are most likely in tune.

How to read you Digital Tuner or Cents vs. Hertz

Cents is the distance between half tones (half-steps) (E to F or A to A# or Eb to E, etc.) divided into 100 equal parts. When you see a tuner with a scale ranging from –50 to 0 to +50, that is the range between a guartertone flat up to a quartertone sharp.

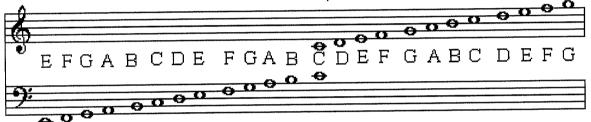
Hertz, abbreviated as Hz, is the frequency of a waveform (sound wave) measured in cycles (vibrations) per second. If an A is played at 440 Hz, it's waveform is repeating 440 times per second. An octave lower is 220 Hz, and an octave higher is 880 Hz. Hertz is a standard measurement that can be accurately measured much like distance can be measured with a ruler or weight with a scale.



NOTES ON BASS AND TREBLE CLEF STAVES

Lines: Empty Garbage Before Dad Flips

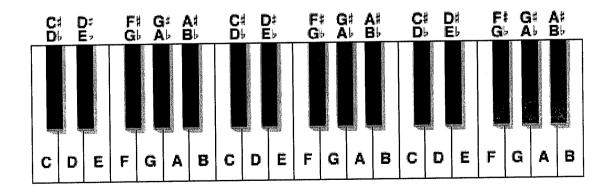
Spaces: FACE



Lines: Good Boys Do Fine Always

Spaces: All Cars Eat Gas

KEYBOARD



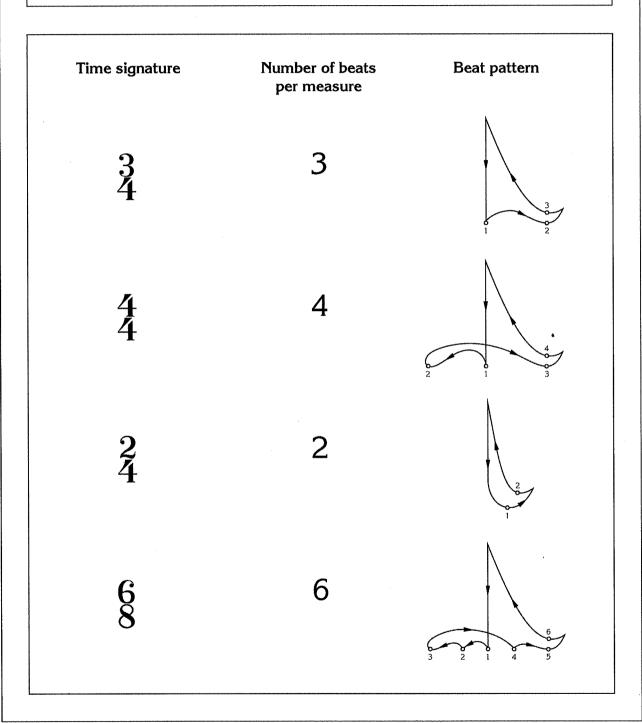
-Glenwood Middle School Bands

How We Count Rhythms - Part 1

2 3 4 ¢

Whole Note & Rest	1-2-3-4 1-2-3-4
Dotted Half Note	1-2-3
Half Note	or Half Rests 1-2 3-4 1-2 3-4
Quarter Note	0r Quarter Rests 1 - 2 - 3 - 4
Eighth Notes	or or <th< th=""></th<>
Sixteenth Notes	1 e & a 2 e & a 3 e & a 4 e & a
Dotted Quarter - Eighth	1&2 & 3&4 &
J	1 & a 2 & a 3 & a 4 & a
Ħ	1 e & 2 e & 3 e & 4 e &
Trible 1	1e& a 2e& a 3e& a 4e& a
Triplet	Each group of eighth-note Triplets gets one beat. 1 la li 2 la li 3 la li 4 la li

CONDUCTING PATTERNS

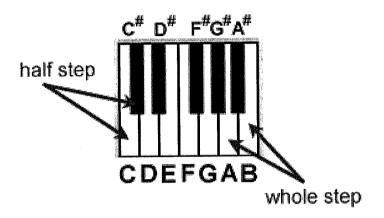


"INTERVALS"

An interval is the distance between two notes. Intervals are always counted from the lower note to the higher one, with the lower note being counted as one. Intervals come in different qualities and sizes. If the notes are sounded successively, it is a melodic interval. If sounded simultaneously, then it is a harmonic interval.

The smallest interval used in most Western music is the half step. A visual representation of a half step would be the distance between a consecutive white and black note on the piano. There are two exceptions to this rule, as two natural half steps occur between the notes E and F, and B and C.

A whole step is made up of two half steps.



Qualities and Sizes

Intervals can be described as Major (M), Minor (m), Perfect (P), Augmented (A), and Diminished (d). Intervals come in various sizes: Unisons, Seconds, Thirds, Fourths, Fifths, Sixths, and Sevenths.



Seconds, Thirds, Sixths, and Sevenths can be referred to as Major or Minor.
Unisons, Fourths, Fifths, and Octaves are not referred to as Major or Minor; they can be referred to as Perfect.

When a major interval is raised by a half step, it becomes augmented.

When a major interval is lowered by a half step, it becomes minor.

When a major interval is lowered by two half steps, it becomes diminished.

When a minor interval is raised by a half step, it becomes major.

When a minor interval is raised by two half steps, it becomes augmented.

When a minor interval is lowered by a half step, it becomes diminished.

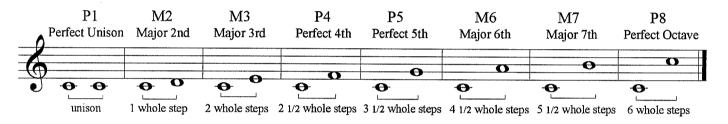
When a perfect interval is raised by a half step, it becomes augmented. When a perfect interval is lowered by a half step, it becomes diminished.



All About Intervals

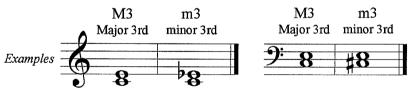
Major and Perfect Interval Basics

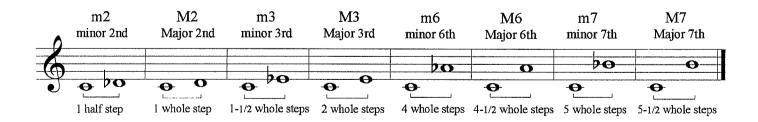
Intervals which occur between the tonic note of a scale and each degree of that scale may be described as **perfect** (P) or **major** (M).



Minor Interval Basics

A **minor** interval is created by *decreasing* a major interval by 1/2 step.



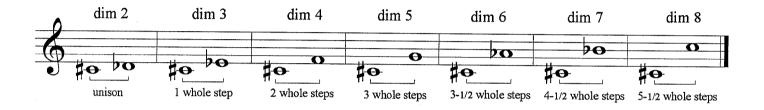


^{*}The **Tonic Note** of a scale is the first note of the scale or its octave that represents the name of the scale or key. **Example:** C scale starts on C, and you are in the key of C.

Diminished Interval Basics

A **diminished** interval is created by *decreasing* a perfect interval *or* a minor interval by 1/2 step.

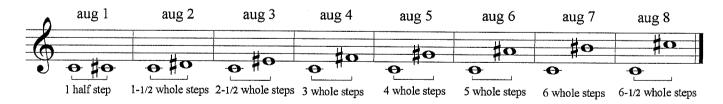




Augmented Interval Basics

An **augmented** interval is created by *increasing* a perfect interval *or* a major interval by 1/2 step.







All About Chords

Root-Position Triad Basics -

A triad is a chord composed of three notes stacked in thirds.

The lowest note is called the **root**.

The note a third above the root is called the **third**.

The note a fifth above the root is called the **fifth**.



A triad in which the root is the lowest note is called a root-position triad.

Close position indicates containment of all chord pitches within the smallest possible interval.

Diatonic indicates confinement to the pitches of the prevailing key without chromatic alteration.

Root-Position Triad Basics - 9:

A triad, in its elemental form, is a chord composed of three notes stacked in thirds.

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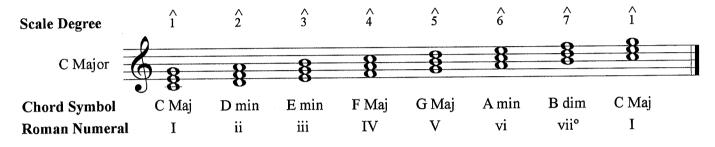
Triads and Major Scales



In the example below, root-position triads are built on each scale degree of a C major scale. Each triad is named in accordance with two related chord identification systems.

- 1. The letter name of each root is combined with a chord-quality designation to form a chord symbol.
- 2. Roman numerals associate each scale degree with a chord quality.

 Chord qualities for each scale degree are consistent in all major scales: I, IV and V are major in all keys; ii, iv, and vi are minor; viio is diminished.

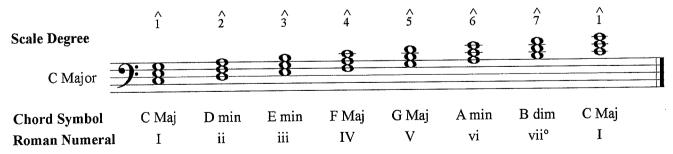


Triads and Major Scales 9

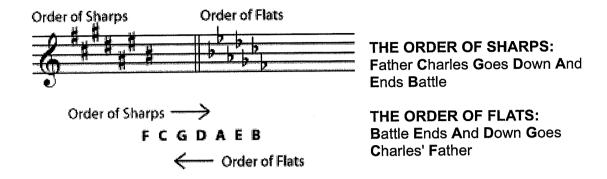
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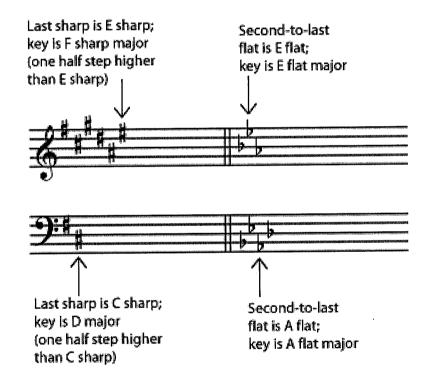


ORDER OF SHARPS AND FLATS IN KEY SIGNATURES:



FINDING MAJOR KEY NAMES FROM KEY SIGNATURES:

For sharps: take the last sharp and raise it a half step to find the major key.
For flats: take the 2nd to the last flat, and that is the major key.



↓IF NO SHARPS OR FLATS↓

↓IF ONE FLAT ONLY↓



Basic Music Symbols and Theory for Instrumental Musicians

Topic	Term	Sign	Definition
Notation	Staff		Lines and spaces upon which musical notes are written, used to indicate pitches
	Bar Line		Bar lines separate measures
	Measure		The space between two bar lines
	Double Bar (thin)		End of section
	Double Bar (thick)		End of piece
	Treble Clef (also: G Clef)	The second of th	Lines: EGBDF Spaces: FACE
	Bass Clef (also: F Clef)	STEET AND THE ST	Lines: GBDFA Spaces: ACEG
	Leger (or Ledger) Lines	Makasang kang makaman mangkanan pangkan pangka	Extend the staff above and/or below
	Time Signature (also: Meter)	ex.:	Top #: number of beats per measure Bottom #: kind of note that equals one beat
	Beat		Steadily recurring pulse
	Common Time	AMERICAN CONTROL OF THE AMERIC	Same as:
	Cut Time, Alla Breve		Same as:
	Multiple Measure Rest	10	Rest for indicated number of measures
	Dot After a Note		Increases the value of the note by half of the note's original value
	Triplet		3 notes that fit evenly into the space of 2 notes of the same value
	Breath Mark	The part of the pa	Take breath
	Caesura, ("Railroad Tracks")	And a second and a	Brief silent pause
	Fermata, "Bird's Eye"	\circ	Hold
	Grand Pause, General Pause	G.P.	a rest for all performers in an ensemble
Repeats	Repeat Signs		Repeat from right repeat sign to the left; if no left repeat sign, repeat from the beginning
	1st and 2nd Endings	<u> </u>	Take 1st ending, repeat then skip 1st ending and play 2nd ending instead
	Da Capo	D.C.	From the beginning
	Dal Segno	D.S.	From the segno (
	Coda	•	Ending
	Fine	Fine	The end

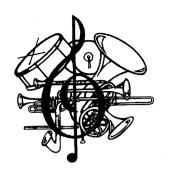
Topic	Term	Sign	Definition
	Simile Mark		Repeat measure
Pitch	Half-Step		Closest note above or below the original note
	Chromatics		Proceeding by half-steps
	Flat	The state of the s	Lowers the pitch of a note by a half step
	Sharp	The second secon	Raises the pitch of a note by a half step
	Natural		Cancels a previous accidental
	Key Signature		Sharps or flats located at the beginning of each staff after the clef sign
	Accidental		Sharp, flat, or natural sign which modifies the pitch of the note that follows it
	Enharmonics		Notes of the same pitch but different notation (ex.: D# & Eb)
	Natural Half-Step		An interval of a half-step that does not use a sharp or flat sign (Ex.: "E" to "F")
Duration, articula- tion	Tie		Connects the values of two notes of the same pitch
	Slur		Connects two or more notes of different pitches smoothly (ex.: wind instruments won't tongue after the 1st note)
	Accent		Emphasize note
	Rooftop Accent, Cap Accent, Marcato Accent	Victoria de la composición del composición de la composición de la composición de la composición de la composición del composición de la c	Heavily emphasize note, which is often shortened
	Staccato		Shortened, separated, detached
	Tenuto		"Full Value", "Brick Note"
Dynamics	Forte-piano	fp	Loud then suddenly soft
	Forzando	fz	Heavy emphasis
	Sforzando	sfz	Heavy emphasis
	Pianissimo	pp	Very soft
	Piano	p	Soft
	Mezzo Piano	mp	Moderately (medium) soft
	Mezzo Forte	mf	Moderately (medium) loud
	Forte	f	Loud
	Fortissimo	ff	Very loud

Topic	Term	Sign	Definition
•	Crescendo	<	Gradually louder
	Diminuendo, Decrescendo	>	Gradually softer
Tempo	Largo		Very slow
	Lento		Very slow
	Larghetto		Slow
	Adagio		Slow
	Andante		Moderately slow
	Andantino		A little faster than andante
	Moderato		Moderately
	Allegretto		Moderately fast
	Allegro		Fast
	Presto		Very fast
	Prestissimo		Extremely fast
	Ritardando		Gradually slower
	Rallentando		Gradually slower
	Allargando		Gradually slower and broader
	Accelerando		Gradually faster
	A Tempo		Original tempo
	L'istesso Tempo		Same tempo
	Ad Libitum		At liberty
	Rubato		Freely
	Strigendo		Hurrying
Style	Agitato		Agitated
	Animato		Animated
<u></u>	Cantabile		In a singing style
	Con Brio		With vigor and spirit
	Dolce		Sweetly
	Legato		Smoothly
	Leggiero		Lightly
	Maestoso		Majestically
	Marcato		Accented and detached
	Morendo		Dying away
	Pesante		Heavily
	Sostenuto		Sustained
	Vivace		Lively
Terms	al, alla		to, at
Tenns	assai		very
	ben		well
	con, col		with
	da, dal		from
	da, dai		divided; indicates that two or more parts written on one state are to be played by separate performers

Topic	Term	Sign	Definition
	loco		as written
	ma		but
	meno		less
	molto		much, very
	mosso, moto		motion
	non		not
	piu		more
	росо		little
	poco a poco		little by little
	quasi		nearly, like, as
	sempre		always
	senza		without
	simile		in a similar manner
	sordino		mute
	subito		suddenly
	tacet		silence
	troppo		too much
	tutti		together (ex.: everyone plays after a solo passage)
Misc.	Arpeggio		Broken chord consisting of the 1st, 3rd, 5th, and 8th degrees of a scale
	Cued Notes		Small notes showing another instrument's part
	Grace Note		Note printed in small type whose time value is subtracted from the preceding or following regular note
	Harmony		The sounding of different pitches simultaneously, as in chords
	Solo		Performed by one person, with or without accompaniment
	Soli		Performed by a group of soloists in unison
	Syncopation		Emphasis on weak beats or weak parts of beats
	Theme		Main musical idea
	Trill		Rapid alternation between notes that are a half or whole step apart
	Unison		The sounding of the same pitch by two or more performers
4 elements of sound	Pitch		How high or low a note sounds, determined by the frequency of vibrations
	Duration		Length
	Volume		Loudness
	Timbre		Tone color or tone quality, as determined by harmonics

GLENWOOD MIDDLE SCHOOL BANDS QUICK REFERENCE CHART #2 – TEMPO & TEMPO CHANGES

4 piacere	<i>Tempo</i> is at the pleasure or discretion of the <i>performer</i> . The same as ad libitum. Similar to rubato except rubato is the discretion of the <i>conductor</i> .
Accelerando (accel.)	Quickening; a gradual speeding up of the tempo
4d libitum	<i>Tempo</i> is at the discretion of the <i>performer</i> . The same as a piacere. Similar to rubato except rubato is the discretion of the <i>conductor</i> .
Alla Breve	Duple time with a half note as the unit; same as Cut time
Allargando (allarg.)	Broadening; sometimes interpreted as a combination of ritardando and crescendo
ancora	Still more; used generally with <i>tempo</i> indications, as ancora meno mosso (still more slowly)
A tempo	In tempo; reestablishes original speed after accelerando or ritardando
cedez	French for poco ritardando; a slight holding back
Come prima	As at first
Come sopra	As above; much the same as come prima
Doppio movimento	Twice as fast; usually used in conjunction with Common time changing to Cut time
L'istesso tempo lo stesso tempo	The same <i>tempo</i> , indicating that the <i>beat</i> remains constant when the <i>meter</i> changes as 2/4 to 6/8
Meno mosso Più lento	Less motion; slower. May be qualified by poco (a little less)
Più allegro Più animato Più mosso	Faster; more animated; more motion
pressez	French term for "quicken"; same meaning as accelerando
Rallentando (rall.)	Same as ritardando; a gradual slowing-down of the tempo
Ritardando (rit.)	Slowing down; a gradual holding-back of the tempo
Ritenuto (riten.)	Frequently confused with ritardando; means a sudden slowing-down, in contrast to the gradual holding-back of rallentando
rubato	Litterally, to "rob" or steal the time values by holding-back or speeding up at will to color a phrase
Stringendo (string.)	Pressing forward; sometimes erroneously interpreted as a combination of accelerando and crescendo
Tempo giusto	In strict tempo (non-rubato)
Tempo primo (Tempo I)	Original tempo
Trattenuto (tratt.)	Holding back (same as rallentando) with the addition of a sustained quality (sostenuto)



Dynamics and Articulation Quick Reference Charts

Abbreviation	Full word (Italian)	Definition
pp	Pianissimo	Very soft
p	Piano	Soft
mp	Mezzo-piano	Medium soft
mf	Mezzo -forte	Medium Loud
f	Forte	Loud
ff	Fortissimo	Very Loud
	Crescendo	Gradually Louder
	Decrescendo	Gradually Softer

	percussiv	e accents (1-4)		pressure accent (5
staccato	staccatissimo	strong accent martelato	normal accent marcato	legato accent tenuto portamento
ligh	t accents	strong accent	medi	um accents

accent name	description
staccato accent	short and separated from the following note
staccatissimo accent	an exaggerated short duration of the note
strong accent	generally meant for attacks at loud dynamic levels of forte or louder
normal accent	moderately sharp attack that can be used at any dynamic level from planissimo to fortissimo
legato accent	this can be used at any dynamic level and is a slight stress without a noticable attack and held to the full duration of the note

<u>*</u>	-				[왕이 원이를 잃었다]
		Ė	•	Ē	P
	simo staccato	legato & staccatissimo	marcato & staccato staccato forzato	marcato & legato	marcato & staccatissimo
1	§ strong	strong & portamento & staccato mezzo staccato	strong & portamento & legato & staccatissimo ato mezzo staccato	strong & portamento & legato & staccato staccato staccato mezzo staccato forzato	ong strong & portamento & legato & staccato marcato & staccatissimo ato mezzo staccato mezzo staccato staccato forzato

accent name	description
strong & staccato accents	very percussive and shorter duration than notated
strong & legato accents	very percussive while retaining full duration of notation
strong & staccatissimo accents	strongest percussive attack possible with an exaggerated short duration
legato & staccato accents	stressed and moderately short, separated from next note
legato and staccatissimo	stressed and quite short
normal & staccato accents	moderately percussive and short
normal & legato accents	moderately percussive with full note duration
normal & staccatissimo accents	moderately percussive with short note duration

Quick Reference Chart #3

Dynamics & Written Accents

Sforzato and Sforzando

Forte Dynamic	Fortissimo Dynamic	Fortississimo Dynamic	
Sforzato	Sforzato	Sforzato	
$ \begin{array}{c} \stackrel{}{=} = \stackrel{}{=} \\ \downarrow \\ \downarrow \\ \downarrow \\ \downarrow \\ \downarrow \\ f $	$ f = \hat{f} $ $sffz \qquad ff$	$= \stackrel{\triangle}{=}$ $sfffz fff$	
Sforzando	Sforzando	Sforzando	
$ \mathbf{f} = \mathbf{f} $	f = f sff ff		

Standard Jazz Artículations Glenwood Middle School Jazz Ensemble

	LONG ACCENT Play with a strong accent, then sustain for full value.		SHORT ACCENT Play the note less than full value with a strong attack.
<u> </u>	HEAVY ACCENT Play the note as short as possible with a very strong attack.		STACCATO Spaced - Short, light, not heavy
	TENUTO Legato - Sustain note for full value with NO Accent on the attack.		THE SHAKE Upward variation of the pitch -much like a trill
	LIP TRILL Similar to the shake, but slower with more lip control. Brass Players.	\$ \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	THE FLIP Sound the note, raise pitch, drop into following note (done with lip on brass)
	THE SMEAR Slide into note from below and reach correct pitch just before next note. Do not rob preceding note.		THE DOIT Sound note and then gliss upward (slide pitch) one to five steps by tightening embouchure or half-valving in brass
	SHORT GLISSANDO UP Also called a SCOOP. Slide smoothly into note from below (one to three steps). No individual notes are heard in a gliss.		LONG GLISSANDO UP Same as Short Glissando, but longer entrance.
	SHORT GLISSANDO DOWN Reverse of the short gliss up.		LONG GLISSANDO DOWN Reverse of the long gliss up.
	SHORT LIFT (Glissando) Enter note with diatonic or chromatic scale from about a third below.		LONG LIFT (Glissando) Same as Short Lift except longer entrance.
	SHORT FALL OR SPILL Rapid diatonic or chromatic drop.		LONG FALL 02 SPILL Diatonic or chromatic drop with longer exit than a Short Fall.
	BEND Use your embouchure to temporarily dip the pitch of the note. Play the note - bend pitch down ½ step - bend back to original pitch		GHOSTED NOTE Ghosted or Swallowed Notes. An attack of indefinite pitch and deadened tone. More of a percussive effect.
	CLOSED PLUNGER (DU) Closed plunger mute on brass instrument creating a muffled tone.	<u> </u>	OPEN PLUNGER (WAH) Open plunger mute on brass instrument. Full tone not muffled.